

# Spring 2026 Team Science Skill Series

*All sessions are virtual*



## Trust

Presented by:



**Jessica Wildman, PhD**

Florida Institute of Technology



**Friday, February 13<sup>th</sup>**

12:00 PM – 1:00 PM

[Register](#)

Trust is one of the concepts that can seem like common sense at first: everyone knows what it is, everyone wants it, and yet, it's all too easy to mess up. Trust is the lifeblood of any effective team, enabling many other things we know to be beneficial such as better communication, shared leadership, adaptability, and stronger performance. Knowing how to develop and maintain trust, and restore trust when it is unfortunately broken, is a critical skill for effective team management. Luckily, there is a science that can inform the most effective way to do just that. At the end of this session, participants will be able to:

1. Define interpersonal trust as it applies within work teams.
2. Identify examples of common behaviors that build trust, break trust, and restore trust in work teams.
3. Develop strategies to build and maintain trust over time in work teams.

**Team consult opportunity:**

Our Team Science Skills presenters have graciously opened their schedules to provide a limited amount of attendees with direct feedback and guidance on their personal team issues. During a one-hour consulting session, attendees will be able to directly ask our experts questions and get personalized advice on how to effectively move their team forward. Requesters must attend the full session and complete the post-evaluation survey to be eligible.

## **Upcoming Workshops:**

Communication Shannon Marlow March 20 <sup>th</sup> 12:00 pm – 1:00 pm <a href="#">Register</a>	Team Contracts Allison Traylor April 17 <sup>th</sup> 12:00 pm – 1:00 pm <a href="#">Register</a>	Leadership Shawn Burke May 8 <sup>th</sup> 12:00 pm – 1:00 pm <a href="#">Register</a>
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Shannon Marlow  
March 20<sup>th</sup>  
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Team Contracts  
Allison Traylor  
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Registration is required for these workshops.

**All ZOOM information will be provided after registration**

First time using Zoom? Learn more about getting started [online](#).

Zoom also has an iOS and Android app for easy viewing on your mobile device.

Questions? Contact [gray.elizabeth.messina@emory.edu](mailto:gray.elizabeth.messina@emory.edu)